

# QUICK BEAUTY FIXES FOR THE FESTIVE SEASON

## FOR RADIANT SKIN

Dreaming of having dewy and blemish-free skin that is devoid of lines this party season? At The Lifestyle Clinic, medical facials that incorporate top grade products with hi-tech machines are much sought after for their ability to create radiant and firm skin. If your complexion needs more of a boost, a fruit acid peel followed by their Vitamin C Iontophoresis treatment which uses electrical energy microchannels to pump Vitamin C and hyaluronic acid into the skin whilst removing clogged pores is the solution. For near-perfect skin, go for their much-raved 3-step Vitamin C facial. If lines are your bane, they can be removed in seven days with Botox.

The Lifestyle Clinic is also proud to be the only clinic in Singapore to have The Triad Medical Facial, developed by leading New York dermatologist Dr David Colbert. The three-part Triad features three skin health essentials: microdermabrasion, laser toning and chemical peeling which not only energises and beautifies skin instantly, but also initiates a sustained process of cell rejuvenation and collagen stimulation. Over time, and ideally with regular application, The Triad works to reverse wrinkles and photo damage as well as prevents development of pre-cancerous lesions. A popular medical procedure with visible cosmetic benefits for both men and women, this facial is a favourite of celebrities like Angelina Jolie and Halle Berry before a red carpet event!

### The Lifestyle Clinic

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## ENHANCE YOUR FACE SHAPE

Reshaping the face is about being subtle and artistic. Whether you crave a sharper nose, pouty lips, youthful and fuller cheeks or well defined and elevated eyebrows, Dr Komathy will be able to help you achieve that using soft tissue fillers. To get a slimmer oval face shape like the Korean pop stars, Botox can also be injected into your jawline.

## GET A SEXY BACK AND DÉCOLLETAGE

With our hot and humid climate, it is common to develop spots on our back and chest when we sweat. Whether you are plagued by “bacne” or just want to attain flawless skin, a combination of a TCA peel followed by microdermabrasion will do the trick smoothly. The TCA peel which uses Trichloroacetic acid lightens acne scars and tightens ageing skin while the microdermabrasion exfoliates the dull surface of your skin to reveal fresh, glowing skin.

### About Dr Komathy Rajaratnam:

A veteran in the aesthetic industry, Dr Komathy Rajaratnam, an aesthetic doctor at The Lifestyle Clinic, has been doing glycolic peels and fillers back when she was a GP in Australia in the early 90s. She believes in making both men and women look and feel better about themselves as “looking good goes a long way in boosting someone’s self esteem” and her clients range from teenagers and housewives to socialites and working executives

